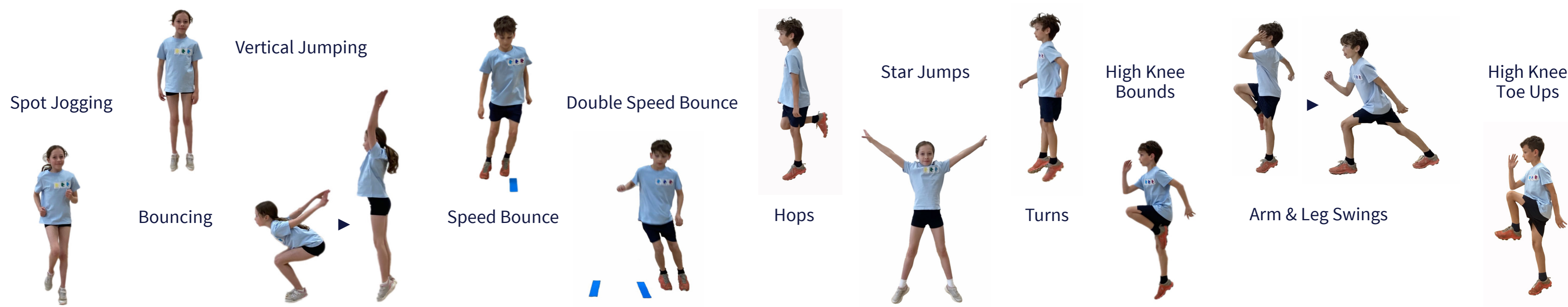
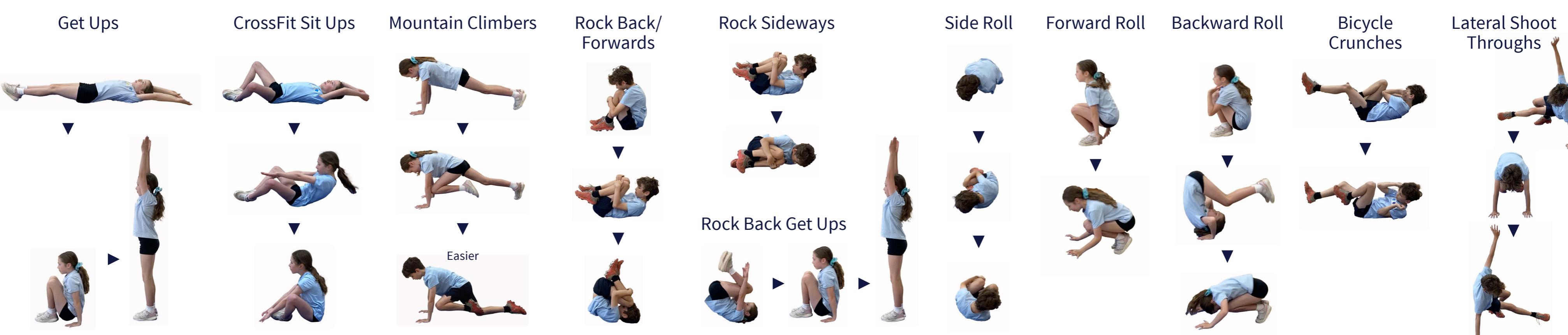




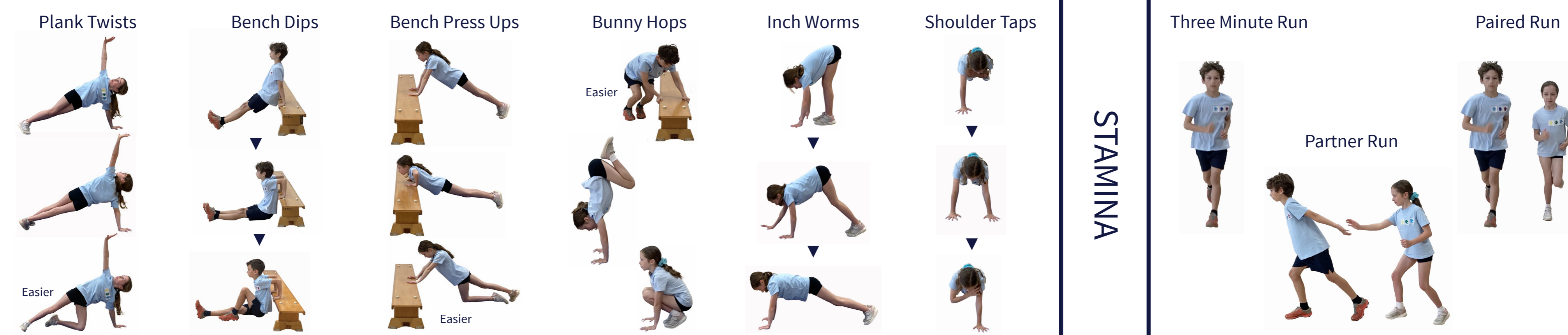
SPEED & AGILITY



CORE STRENGTH

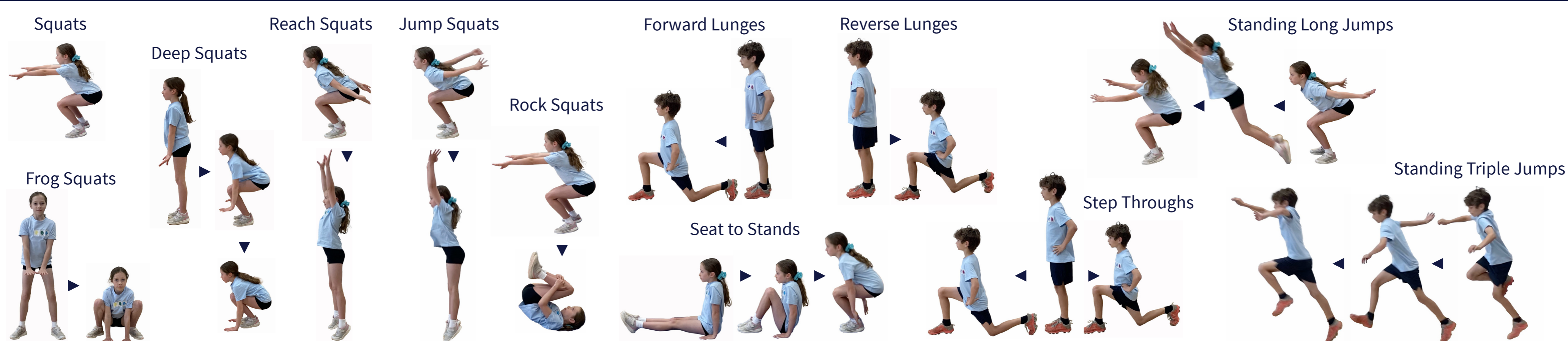


ARM STRENGTH

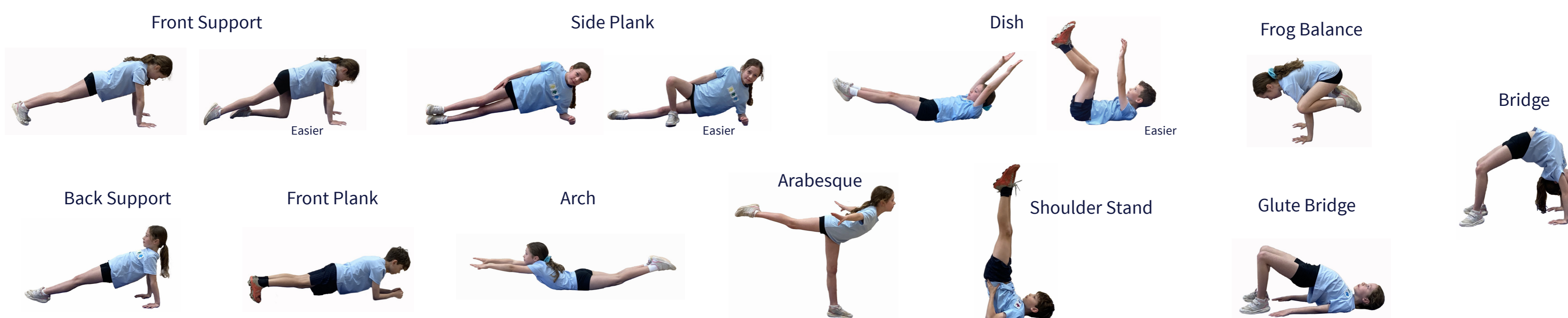


STAMINA

LEG STRENGTH



BALANCE



FLEXIBILITY

