



Gymrun Accreditation

'We seek to meet the highest professional standards in the delivery of the Gymrun Tracker. An accredited Gymrun teacher/coach will meet the following actions and competencies.'

Actions & Competencies

Before lesson

- 1.1 Have observed the Gymrun Challenges lesson delivered by Gymrun
- 1.2 Have attended the Gymrun workshop

During lesson

- 2.1 Understand all timings & measurements
- 2.2 Consider use of equipment & best way to set up the available space
- 2.3 Encourage every child to focus on personal competition
- 2.4 Reinforce the importance of honesty & positivity in the scoring process
- 2.5 Explain & accurately demonstrate each challenge. Reinforce correct form
- 2.6 Check accuracy of scorecards at end of lesson, & in particular run scores:

Top 5% Year 6 – 84 Bounce, 32 Sit, 38 Dip, 176cm Jump, 14 Lap Run

After lesson

- 3.1 Pass all completed scorecards, arranged by class, to the school's Gymrun lead
- 3.2 Ensure all raw data is returned, with school name, to Gymrun in below format:

Scorecards – Gymrun Ltd, 49 Jenkins Way, Bristol BS16 2NS, or
Spreadsheets – info@gymrun.co.uk

All data and badges will be returned to your school

To be Gymrun Accredited, you must have:

- Completed Section 1
- Understand Sections 2-3