



Gymrun Accreditation.

'We seek to meet the highest professional standards in the delivery of the Gymrun Challenges. An accredited Gymrun teacher/coach will meet the following actions and competencies.'

Actions & Competencies

1. Pre Delivery

- 1.1 Have observed the Gymrun Challenges lesson delivered by Gymrun
- 1.2 Have attended the Gymrun workshop

2. Delivery

- 2.1 Understand all timings and measurements
- 2.2 Accurately describe the correct techniques
- 2.3 Check you have all the equipment needed
- 2.4 Consider different ways to set up to maximize the available space
- 2.5 Encourage every child to focus on personal competition
- 2.6 Reinforce the importance of honesty and positivity in the recording process
- 2.7 Demonstrate each challenge. Reinforce correct technique
- 2.8 Check the accuracy of the scorecards, and in particular the run scores:

Top 5% Year 6 - 84 Bounce, 32 Sit, 36 Dip, 176cm Jump, 14 Lap Run

3. Post Delivery

- 3.1 Pass all completed scorecards, arranged by class, to the school's Gymrun coordinator
- 3.2 **Ensure scorecards are sent to: Gymrun Ltd. 49 Jenkins Way. Bristol BS16 2NS**

All data and badges will be returned to your school.

To be Gymrun Accredited, you must have:

- Completed Section 1
- Understand Sections 2-3.