



Gymrun Scorecard

Full Name:

Year & Class:

Boy or Girl

Bounce (30 secs)	Sit Up (60 secs)					Dip (60 secs)					Jump (cm)				
Run (3 mins)	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15

Full Name:

Year & Class:

Boy or Girl

Bounce (30 secs)	Sit Up (60 secs)					Dip (60 secs)					Jump (cm)				
Run (3 mins)	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15

gymrun.co.uk



Gymrun Scorecard

Full Name:

Year & Class:

Boy or Girl

Bounce (30 secs)	Sit Up (60 secs)					Dip (60 secs)					Jump (cm)				
Run (3 mins)	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15

Full Name:

Year & Class:

Boy or Girl

Bounce (30 secs)	Sit Up (60 secs)					Dip (60 secs)					Jump (cm)				
Run (3 mins)	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15

gymrun.co.uk