



Gymrun Accreditation

‘We seek to meet the highest professional standards in the delivery of the Gymrun Five Challenges assessment. An accredited Gymrun assessor will meet the following actions and competencies.’

Actions & Competencies

1. Developing physical health (in all pupils)

- 1.1 Have observed at least one Gymrun assessment lesson delivered by Gymrun
- 1.2 Have attended the Gymrun workshop and visited the Gymrun website

2. Gymrun Five Challenges

- 2.1 Understand all timings and measurements (refer to website, wall chart or scorecards)
- 2.2 Accurately describe the correct techniques (refer to website or wall chart)

3. Set up

- 3.1 Consider different ways the facilities can be set up to maximize the space available
- 3.2 Check all equipment:
Pencils, Scorecards, Hurdles, Gym Mats, Benches, Rulers/Jump Mats, Marker Cones, Trundle Wheel

4. Delivery

- 4.1 Encourage every pupil to focus on personal competition
- 4.2 Reinforce the importance of honesty and positivity in the recording process
- 4.3 Accurately demonstrate each challenge. Continually reinforce correct technique
- 4.4 Check the accuracy of the scorecards, and in particular the run scores:
Top 5% in Year 6 (nationally) - 56 Bounce, 32 Sit, 36 Dip, 180cm Jump or 14 Lap Run

5. Follow up

- 5.1 Pass all completed scorecards, arranged by class, to the school’s PE Coordinator to be sent to:
Gymrun Ltd. 62 Boston Road. Bristol. BS7 0HE

All data and badges will be returned to the school.

Teacher/Coach:	has completed Section 1 and has demonstrated competence in each task in Sections 2-5.
Date:	Accreditor:

